



## **ATTACHMENT 5.**

# **T6. COURSE SPECIFICATIONS (CS)**

**Course title: Preventive Dentistry**

**Course Code: VDS 211**

**Level: 6- Year 2<sup>nd</sup>**

**1439-2018**

## Course Specifications

Institution: <b>Najran University</b>	Date: 19/2/2018
College/Department : <b>College of dentistry / Department of Preventive Dental Sciences</b>	

### Course Identification and General Information

1. Course title and code: <b>Preventive Dentistry VDS 211</b>	
2. Credit hours: <b>1 (1 +0)</b>	
3. Program(s) in which the course is offered. <b>Bachelor of Dental Surgery (BDS)</b>  (If general elective available in many programs indicate this rather than list programs)	
4. Name of faculty member responsible for the course: <b>Dr.Pervez A. Razak</b>	
5. Level/year at which this course is offered: <b>Level 6 / Year 2<sup>nd</sup></b>	
6. Pre-requisites for this course (if any): <b>None</b>	
7. Co-requisites for this course (if any): <b>None</b>	
8. Location if not on main campus: <b>Main campus, College of Dentistry</b>	
9. Mode of Instruction (mark all that apply):	
a. Traditional classroom	<input checked="" type="checkbox"/> What percentage? <input type="text" value="90"/>
b. Blended (traditional and online)	<input checked="" type="checkbox"/> What percentage? <input type="text" value="10"/>
c. E-learning	<input type="checkbox"/> What percentage? <input type="text"/>
d. Correspondence	<input type="checkbox"/> What percentage? <input type="text"/>
e. Other	<input type="checkbox"/> What percentage? <input type="text"/>
Comments:	

## Objectives

1. What is the main purpose for this course?

**The course describes the scope of preventive dentistry, causation of dental caries and periodontal diseases, prophylaxis against dental diseases and different measures for primary prevention of the common dental diseases.**

### 1. Topics to be Covered


List of Topics	No. of Weeks	Contact hours
Introduction , concepts & principles of preventive dentistry	1	1
Development of Dental Plaque and its role in dental diseases	1	1
Dental caries & its prevention	1	1
Periodontal diseases & its prevention	1	1
Plaque Control Measures I: Tooth brushing	1	1
Plaque Control Measures II : Dentifrices & Mouth rinses	1	1
Plaque Control III : Self-Care Measures to Supplement Tooth brushing	1	1
Topical Fluoride Therapy	2	2
Systemic Fluoride Therapy	1	1
Nutrition & Oral Health	1	1
Diet Counseling & Dental Caries	1	1
Caries risk assessment and Caries activity test	2	2
<b>Total</b>	<b>14</b>	<b>14</b>

### 2. Course components (total contact hours and credits per semester):

		Lecture	Tutorial	Laboratory/ Studio	Practical	Other:	Total
Contact Hours	Planned	14					14
	Actual	14					14
Credit	Planned	1					1
	Actual	1					1



Name of Course Instructor: Dr.Pervez A. Razak

Signature: 

Date Specification Completed: 21/02/2018.

Program Coordinator: Dr: Saeed Ali Alsareii

Signature 

Date Received: 21/2/2018